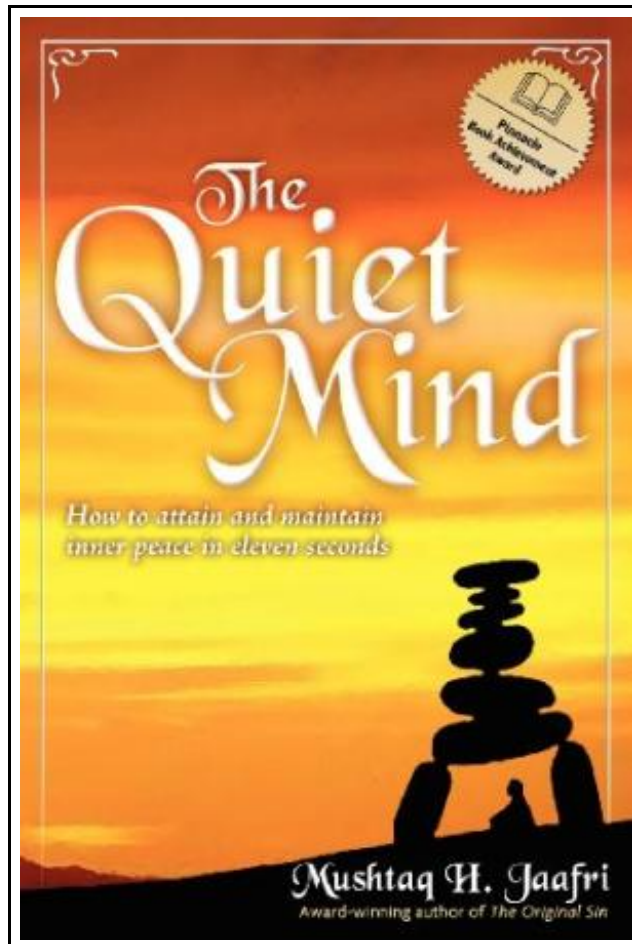


## The Quiet Mind How to Attain and Maintain Inner Peace in Eleven Seconds



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## THE QUIET MIND HOW TO ATTAIN AND MAINTAIN INNER PEACE IN ELEVEN SECONDS

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